



Bedford North Lawrence High School

Lunch Menu for Grades 9-12

Student Lunch \$2.70 Adult Lunch \$3.35

Dates	Monday	Tuesday	Wednesday	Thursday	Friday
Week of: <u>1/3 – 1/4</u> <u>1/28 – 2/1</u> <u>2/25 – 3/1</u> Spring Break <u>4/22 – 4/26</u> <u>5/20 – 5/23</u>	Chicken Parmesan Rotini & Sauce California Blend W/G Garlic Toast Fresh Fruit Cheeseburger Chicken Parmesan Sandwich	Chicken Fajita Wrap Lettuce & Cheese Corn Salsa Fruit Quesadilla Taco Stick	Pizza French Fries Sliced Carrots Peas Fresh Fruit Baked Chicken & w/g Roll Pizza Bites	Chicken Nachos Lettuce & Tomatoes Refried Beans Salsa Fruit Popcorn Chicken Bbq Chicken Sandwich	Turkey Manhattan Mashed Potatoes 1sl w/g Bread Broccoli w/g Cookie Fresh Fruit Cheesy Breadsticks & Marinara Spicy Chicken
Week of: <u>1/7 – 1/11</u> <u>2/4 – 2/8</u> <u>3/4 – 3/8</u> <u>4/1 – 4/5</u> <u>4/29 – 5/3</u>	Chicken Tender Wrap w/ Cheese Lettuce & Tomatoes Black Beans Fruit Hot Ham & Cheese Chicken Sandwich	Country Baked Steak Mashed Potatoes & Gravy Green Beans Fresh Fruit Chicken Pot Pie & w/g Roll Steak Sandwich	Chili Soup W/G Toasted Cheese Carrots Celery Fruit Chicken Nuggets Toasted Cheese	Chicken Sandwich French Fries California Blend Fresh Fruit Bacon Cheeseburger Calzone	Spaghetti w/ Mt. Sauce Dark Green Salad Grape Tomatoes Celery Sticks W/G Garlic Toast Fruit Spicy Chicken Meatball Sub
Week of: <u>1/14 – 1/18</u> <u>2/11 – 2/15</u> <u>3/11 – 3/15</u> <u>4/8 – 4/12</u> <u>5/6 – 5/10</u>	Chicken Fettuccini w/ Alfredo Sauce Broccoli w/g Breadstick Fresh Fruit Grilled Chicken Cheeseburger	Breaded Drumsticks Cheesy Potatoes California Blend w/g Roll Fruit Chicken Supreme Spicy Bites	Nachos w/ Gr Beef Lettuce & Tomatoes Refried Beans Salsa Fresh Fruit Chicken Wrap Sloppy Joe	Popcorn Chicken Sweet Potato Fries w/g Biscuit Sliced Carrots Peas Fruit Bacon Cheeseburger Bbq Pork Sandwich	Chicken & Noodles Mashed Potatoes Green Beans w/g Roll Fresh Fruit Spicy Chicken Fish
Week of: <u>1/21 – 1/25</u> <u>2/18 – 2/22</u> <u>3/18 – 3/22</u> <u>4/15 – 4/19</u> <u>5/13 – 5/17</u>	Orange Chicken Rice Broccoli Egg Roll Fruit Calzone Pizza & Cheese Sauce	Salisbury Steak Mashed Potatoes Green Beans w/g Roll Fresh Fruit Cheeseburger Bbq Rib	Taco Salad Lettuce & Tomatoes Refried Beans Salsa Fruit Quesadilla Taco Wedge & w/g Cookie	Chicken Tenders French Fries Sliced Carrots Peas Fresh Fruit Bacon Cheeseburger 20 Popcorn Chicken	Lasagna Dark Green Salad Grape Tomatoes Brussels Sprouts w/g Garlic Toast Fruit Spicy Chicken Pepperoni Breadsticks w/ Marinara & Cheese Sauce

News and Information

Cycle Menu – repeats every 4 weeks, check the dates

Lunch and Daily Sandwich Options are served with choice of milk, fruit, and vegetable

This institution is an equal opportunity provider.