



Southern Wellness Trust Medical Plan Benefits

Remember!

Indiana Oncology Solutions

(765) 281 - 2966

When you hear the words "YOU HAVE CANCER", your natural response is fear and uncertainty.

Indiana Oncology Solutions is a **FREE** patient-centered service provided to you on behalf of Southern Wellness Trust.

- ✓ Provides personalized initial consultation with a board-certified Oncologist who will review your medical history, medical records, test results, and provide you with a care plan that includes recommendations for who and where to receive the best care.
- ✓ Will educate you on cancer treatment options.
- ✓ Will help identify oncology specialist physicians in Indiana.
- ✓ Will help facilitate making appointments.
- ✓ Will be a resource for any questions & concerns.



Virtual Primary Care, Virtual Urgent Care & Virtual Mental Health



Effective 8/1/2023, you now have the benefit of personalized, ongoing care from a primary care doctor without leaving the comfort of home!

(888) 691-7867 | fshealth.com

This service is **FREE** for all medical enrolled employees and their immediate household family members!

First Stop Health can treat Urgent Care issues in those 18 years of age and older. Adults can use FSH for both primary and urgent care.



Urgent Care Issues

Talk to a doctor in minutes for sinus infection, UTI, cold, flu, rash, headache and more.



Prevention & Wellness

Check in on your current health and make a personalized plan to stay healthy and strong.



Mental Healthcare

Diagnosis and prescriptions for depression, anxiety and more. You have virtual counseling, too.



Health Management

Support managing asthma, diabetes, hypertension, obesity, high cholesterol, smoking, COPD and more.



Referrals, Tests and More

Just like at an in-person visit, our doctors can:

- Order labs, tests and screenings
- Provide sick notes and documentation
- Refer you to in-network specialists



Phone: (855) 961-4541
Email: swt@surgeryplus.com

All Spine & Joint Replacement Surgeries are required to be performed through SurgeryPlus.

The SurgeryPlus Difference



Excellent Care

Access to our network of thousands of highly qualified surgeons



Impactful Savings

Your surgery will be at little or no cost to you when you use your SurgeryPlus benefit



Guided Support

Your personal Care Advocate will support you every step of the way through your care