



Bedford North Lawrence High School

Lunch Menu for Grades 9-12

Student Lunch \$2.70 Adult Lunch \$3.35

Dates	Monday	Tuesday	Wednesday	Thursday	Friday
Week of: <u>8/9 – 8/10</u> <u>9/4 – 9/7</u> <u>10/1 – 10/5</u> <u>10/29 – 11/2</u> <u>11/26 – 11/30</u>	Chicken Parmesan Rotini & Sauce California Blend W/G Garlic Toast Fresh Fruit Pizza & Cheese Sauce Chicken Parm Sand	Chicken Fajita Wrap Lettuce & Cheese Corn Salsa Fruit Quesadilla Taco Wedge & w/g Cookie	W/G Toasted Cheese Seasoned Fries Carrots Celery Fresh Fruit Cheeseburger/Calzone	Chicken Nachos Lettuce & Tomatoes Refried Beans Salsa Fruit Popcorn Chicken Bbq Chicken	Turkey Manhattan Mashed Potatoes 1sl w/g Bread Broccoli w/g Cookie Fresh Fruit Cheesy Breadsticks & Marinara Spicy Chicken
Week of: <u>8/13 – 8/17</u> <u>9/10 – 9/14</u> <u>10/8 – 10/12</u> <u>11/5 – 11/9</u> <u>12/3 – 12/7</u>	Chicken Tender Wrap w/ Cheese Lettuce & Tomatoes Sliced Carrots Fruit Hot Ham & Cheese Chicken Sandwich	Country Baked Steak Mashed Potatoes & Gravy Green Beans Fresh Fruit Chicken Pot Pie & w/g Roll Steak Sandwich	Bbq Pork Nachos Lettuce / Tomatoes Refried Beans Fruit Bbq Pork Sandwich Chicken Nuggets	Pizza French Fries California Blend Fresh Fruit Bacon Cheeseburger Mini Corn Dogs	Spaghetti w/Mt Sauce Dark Green Salad Grape Tomatoes Celery Sticks W/G Garlic Toast Fruit Meatball Sub Spicy Chicken
Week of: <u>8/20 – 8/24</u> <u>9/17 – 9/21</u> Fall Break <u>11/12 – 11/16</u> <u>12/10 – 12/14</u>	Chicken Fettuccini w/ Alfredo Sauce Broccoli w/g Breadstick Fresh Fruit 5 Chicken Tenders Grilled Chicken	w/g Biscuit & Gravy Scrambled Eggs Hash Browns Carrot Sticks Celery Sticks Fruit Pizza & Cheese Sauce Cheeseburger	Nachos w/ Gr Beef Lettuce & Tomatoes Refried Beans Salsa Fresh Fruit Chicken Wrap Sloppy Joe	Popcorn Chicken Sweet Potato Fries Peas Sliced Carrots Fruit Bacon Cheeseburger Baked Chicken & w/g Roll	Chicken & Noodles Mashed Potatoes Green Beans w/g Roll Fresh Fruit Fish Spicy Chicken
Week of: <u>8/27 – 8/31</u> <u>9/24 – 9/28</u> <u>10/22 – 10/26</u> <u>11/19 – 11/20</u> <u>12/17 – 12/20</u>	Orange Chicken Rice Broccoli Egg Roll Fruit Chicken Nuggets Bbq Rib	Salisbury Steak Mashed Potatoes Green Beans w/g Roll Fresh Fruit Chicken Supreme Meatloaf Sandwich	Taco Salad Lettuce & Tomatoes Refried Beans Salsa Fruit Quesadilla Taco Wedge & w/g Cookie	Chicken Tenders Sweet Potato Cubes Carrot Sticks Celery Sticks Fresh Fruit Cheeseburger Pizza Bites	Lasagna Dark Green Salad Grape Tomatoes Brussels Sprouts w/g Garlic Toast Fruit Pepperoni Breadsticks w/Marinara & Ch. Sauce Spicy Chicken

News and Information

Cycle Menu – repeats every 4 weeks, check the dates

Lunch and Daily Sandwich Options are served with choice of milk, fruit, and vegetable

This institution is an equal opportunity provider.